



COVID-19 Guidelines for CIFSC

Skaters, Coaches and Parents

- **Stay Home when Appropriate** - If you or your skater are not feeling well, please stay home
- **Face Coverings** - Face masks must be worn by all who enter the facility. Skaters may remove their mask to enter the ice and replace it as soon as they are off.
- **Cleaning and Disinfection** - The Manager on duty will be disinfecting high traffic areas regularly during each shift.
- **Sanitizing Stations** - Available throughout the building.
- **Communal Spaces** - Please come to the rink dressed to skate. Locker room will not be open.
- **Bathrooms** - Will be open and cleaned regularly
- **Parents** - Drop your skater off whenever possible to limit the number of people in the facility. If absolutely necessary, one parent will be allowed.
- **Exit** - Please leave the building within 10 minutes of exiting the ice if possible.
- **Water Bottles** - Please fill it at home.
- **Coaches** - Coaches must wear a mask at all times including on the ice.
- **Social Distancing** - Please practice social distancing on and off the ice while you are at the rink.
- **Music** - Skaters will not be allowed to play music and we will not have the iPad available to anyone. Coaches can play music from their own device if necessary (you may need an auxiliary adapter). Parents are not allowed to play music.

Stay Safe Skaters!